

Jury reports poster award ENMESH 2017

1. The winner of poster session Theme 1: Understanding the context is: **Jannike Kaasbøll**, poster 1.13

The content of the poster was highly relevant to ENMESH with clear implications for services addressing a high risk group (young people in residential youth care) who often experience unmet needs which set them off on a poor trajectory in life. The poster was visual easy to follow and her presentation was succinct and very clear.

2. The winner of poster session Theme 2: Epidemiology is: **Lian Beijers**, poster 2.14

Jury report:

The presenter showed results derived from a large sample of a beautiful, rich data set, investigating high prevalent disorders: anxiety and depression. A novel approach was presented in which the presenter formed subgroups of patients based on biomarkers rather than symptoms, resulting in groups that differed from each other in cardiometabolic health, including weight. The presenter gave a very clear, well structured presentation, brought enthusiastically. The results shown were based on a cross-sectional analysis, while the presenter is already planning to take a longitudinal look at the data so that the direction of the effects will become clear. We are looking at a very promising young researcher!

3. The winner of poster session Theme 3: Novel approaches using the patient's own context is: **Vanessa Pinfold**, poster 3.7

Jury report:

Vanessa Pinfold presented a coproduction of service users practitioners and researchers who developed the Community Navigator programme, and produced a theory of change to illustrate how this intervention would reduce loneliness. A beautiful example of cocreation bringing together 3 perspectives. The theory of change is structured around assumptions, inputs, activities, enablers, intermediate outcomes and the final goal: reducing loneliness. Feedback from participants emphasised the importance of receiving personalised guidance. The poster was attractively illustrated with a compass and a funny cartoon. We are sure you will accept our navigation as well: use less words on your next poster. The presentation was clear, and as comprehensive as one can be within 3 minutes of time. We are curious to learn how your journey continues, but first a pit stop to celebrate your award.

4. The winner of poster session Theme 4: Societal challenges for community mental health is: **David McDaid**, poster 4.14

The chair (Rikus Knegtering) and co-chair (Floor Verhoeven) have chosen the poster by Park et al. as presented by David McDaid as the winner of the poster prize.

The clinical relevance of this research is already clear from its title: 'Cost-effectiveness of Healthy Activity Program (HAP), a lay counsellor-delivered brief psychological treatment for severe depression, in primary care in India, alongside a randomized controlled trial'.

The content is explained concisely, with attention to the practical difficulties of the study and applied solutions. The sub study presented is ultimately directed at policy making while coming from an added intervention in a developing environment, where cost effectiveness is important.

While collecting data under the circumstances described cannot always be precise and controlled, we appreciate the attempt to do so as precise as possible, and the explanation of the limitations in the poster presentation. Whereas the presentation could have been more structured, we award the prize for the

enthusiasm and sense of urgency transmitted by the presenter combined with the clinical relevance and applied scientific methods and cost-effectiveness evaluation of this research.

5. The winner of poster session Theme 5: Other is: **Francesco Amaddeo**, poster 5.14

The best poster award for theme 5 'Other' is for a poster on a novel training for mental health professionals in a field that is very much alive. Moreover, the poster looked very good and the presenter expressed his ideas clearly.

The prize is won by Francesco Amaddeo from the University of Verona, Italy, for his important work on reducing health inequalities and addressing challenges faced by LGBTI people in health care settings.

6. The winner of poster session Theme 6: Philosophy is: **Jan Verhaegh**, poster 3.16

There was one poster who challenges our traditional vision on psychiatry and the role of research. Jan Verhaegh in his poster does not share new insights or offers new solution to problems in mental health care. Instead the focus is on the questions that need to be asked: it is doubt and contradiction that need to be our prime focus. Jan shares with us his hope that using a dialectic approach and supported by the reflections of philosophers like Hegel, we will find new roads for recovery, both on an individual as well as on a more structural, organizational level.